

Bridgeport CT Salaries Relative to Area Median Income (AMI) For A Single Adult



low-income	150%	\$156,345 (\$75.16)	
	140%	\$145,922 (\$70.15)	
	130%	\$135,499 (\$65.14)	
	120%	\$125,076 (\$60.13)	Nurse Practitioner \$120,000
	110%	\$114,653 (\$55.12)	
	AMI	\$104,230 (\$50.11)	RN Supervisor \$104,000
	90%	\$93,807 (\$45.09)	
	80%	\$83,384 (\$40.08)	
	70%	\$72,961 (\$35.07)	Investment Specialist \$75,000
	60%	\$62,538 (\$30.06)	Associate Attorney \$65,000
very low-income	50%	\$52,115 (\$25.05)	1st Year Bridgeport Teacher \$50,825
extremely low-income	40%	\$41,692 (\$20.04)	Maximum Social Security retirement benefit \$48,216
	30%	\$31,269 (\$15.03)	Merchandiser \$39,520
	20%	\$20,846 (\$10.02)	CT minimum wage \$16.25/hr (\$33,800) Federal poverty level for 1 person household \$15,060 Maximum SSI benefit for the disabled \$11,604

Bridgeport AMI Breakdown

2025 Greater Bridgeport Planning Region covers: **Bridgeport, Easton, Fairfield, Monroe, Stratford, Trumbull**



Bridgeport's Median Home Value has risen from \$147,941 in February 2017 to \$332,836 in February 2025.

**Area Median Income
(1 Person) =
\$104,230**

**Area Median Family
Income (4 person) =
\$148,900**



66% of working families in Bridgeport struggle to afford the basic cost of living.
The hourly wage needed to afford a 2-bedroom apartment in Bridgeport is \$37.83.

80% AMI (Low Income)

- 1 person household = \$83,384 / \$40.08 hr
- 2 person household = \$95,296
- 4 person household = \$119,120



1 person earning 80% AMI can afford rent + utilities of \$2084/month (30% of income)

62 Studio/1 Bedroom apartments for rent in Bridgeport (w/o utilities): \$650 - \$2437

Only 56 units are affordable at 80% AMI

- **The Bridgeport housing market has the most accommodations in the region for households making 80% of AMI.**
- **This housing market is barely accessible to those whose only income is from Social Security or a minimum wage job.**
- **Many older residents struggle to find affordable housing when downsizing in Bridgeport.**