

Redding CT Salaries Relative to Area Median Income (AMI) For A Single Adult



low-income	150%	\$156,345 (\$75.16)	
	140%	\$145,922 (\$70.15)	
	130%	\$135,499 (\$65.14)	
	120%	\$125,076 (\$60.13)	
	110%	\$114,653 (\$55.12)	
	AMI	\$104,230 (\$50.11)	Clinical Psychologist \$100,000
	90%	\$93,807 (\$45.09)	
	80%	\$83,384 (\$40.08)	Residential Construction Coordinator \$85,000
	70%	\$72,961 (\$35.07)	Remodeling Sales Consultant \$80,000
	60%	\$62,538 (\$30.06)	
very low-income	50%	\$52,115 (\$25.05)	Dental Office Manager \$56,160 1st Year Redding Teacher \$54,329
	40%	\$41,692 (\$20.04)	Maximum Social Security retirement benefit \$48,216
extremely low-income	30%	\$31,269 (\$15.03)	CT minimum wage \$16.25/hr (\$33,800)
	20%	\$20,846 (\$10.02)	Federal poverty level for 1 person household \$15,060
			Maximum SSI benefit for the disabled \$11,604

Redding AMI Breakdown

2025 Western Connecticut Planning Region covers: Bethel, Bridgewater, Brookfield, Danbury, Darien, Greenwich, New Canaan, New Fairfield, New Milford, Newtown, Norwalk, **Redding**, Ridgefield, Sherman, Stamford, Weston, Westport, Wilton



Redding's Median Home Value has risen from \$513,078 in February 2017 to \$809,603 in February 2025.

**Area Median Income
(1 Person) =
\$104,230**

**Area Median Family
Income (4 person) =
\$148,900**



25% of working families in Redding struggle to afford the basic cost of living.

The hourly wage needed to afford a 2-bedroom apartment in Redding is \$42.71.

80% AMI (Low Income)

- 1 person household = \$83,384 / \$40.08 hr
- 2 person household = \$95,296
- 4 person household = \$119,120



1 person earning 80% AMI can afford rent + utilities of \$2084/month (30% of income)

1 Studio/1 Bedroom apartments for rent in Redding (without utilities): \$2550

0 units are affordable at 80% AMI

- **Many young couples and families cannot afford to purchase a home in Redding.**
- **This housing market is inaccessible to those whose only income is from Social Security or a minimum wage job.**
- **Older residents struggle to find affordable housing when downsizing in Redding.**
- **Most people who work in Newtown can't afford to live in Redding.**