

# Need Help Finding a Place to Stay?



Fairfield County, CT



**If you don't have a safe place to sleep—or you're about to lose your housing—we're here to help.**

Please make an appointment to visit the Stamford Housing Hub, our local drop-in center. You do not need an appointment if you visit during walk-in hours, Monday-Friday 8am-12pm. Any language can be accommodated.

## WHO WE HELP

You can come to the Stamford Housing Hub (managed by Pacific House) if you are:

- Homeless right now, or
- Will be homeless within the next 14 days

If you do not meet these criteria but still need help, please contact the organizations listed at the bottom of this flyer.

## WHAT WE DO

Trained professionals at the Stamford Housing Hub can help you:

- Explore potential housing and emergency shelter options. PLEASE NOTE: Shelter might not be immediately available.
- Connect you with local food pantries and soup kitchens
- Connect you with other local support services and agencies

## HOW TO GET HELP

**Call us to make an appointment, or simply walk in from 8am-12pm Monday-Friday.**

**Stamford Housing Hub**  
(managed by Pacific House)

**597 Pacific Street**  
**Stamford, CT 06902**  
**203.348.2792**

**If you can't reach us, or need help scheduling, call 2-1-1 (press 3, then 1) for assistance from 8am-4pm Monday-Friday, including holidays.**

## ADDITIONAL SUPPORT

If you do not meet the criteria listed above but still need help, please contact:

**Fair Rent & Landlord /  
Tenant Questions**

**Sharona Cowan**  
203.977.4051  
scowan@stamfordct.gov

**Insurance Help**

**Maria Millan**  
203.977.5676  
mmillan@stamfordct.gov

**Rent Rebate & Benefits  
for Seniors / Adults with  
Disabilities**

**Toni Khan**  
203.977.4747  
mkhan1@stamfordct.gov

**Community Action Agency of Western CT**  
203.602.8833 [www.caawc.org](http://www.caawc.org)

**Community Advocacy Program**  
Managed by Catholic Charities  
Services all of Fairfield County  
203.750.9711 ext. 30  
[cap@ccfc-ct.org](mailto:cap@ccfc-ct.org)

