

Need Help Finding a Place to Stay?



Fairfield County, CT



If you don't have a safe place to sleep—or you're about to lose your housing—we're here to help.

Please make an appointment to visit the Stamford Housing Hub, our local drop-in center. You do not need an appointment if you visit during walk-in hours, Monday-Friday 8am–12pm. Any language can be accommodated.

WHO WE HELP

You can come to the Stamford Housing Hub (managed by Pacific House) if you are:

- Homeless right now, or
- Will be homeless within the next 14 days

If you do not meet these criteria but still need help, please contact the organizations listed at the bottom of this flyer.

WHAT WE DO

Trained professionals at the Stamford Housing Hub can help you:

- Explore potential housing and emergency shelter options. PLEASE NOTE: Shelter might not be immediately available.
- Connect you with local food pantries and soup kitchens
- Connect you with other local support services and agencies

HOW TO GET HELP

Call us to make an appointment, or simply walk in from 8am–12pm Monday-Friday.

Stamford Housing Hub
(managed by Pacific House)

597 Pacific Street
Stamford, CT 06902
203.348.2792

If you can't reach us, or need help scheduling, call 2-1-1 (press 3, then 1) for assistance from 8am-4pm Monday-Friday, including holidays.

ADDITIONAL SUPPORT

If you do not meet the criteria listed above but still need help, please contact:

Fair Rent & Landlord / Tenant Questions

Sharona Cowan
203.977.4399

Housing_DOHHS@StamfordCT.gov



Insurance Help
Maria Millan

203.977.4399



Rent Rebate & Benefits for Seniors / Adults with Disabilities

Toni Khan
203.977.4399



Community Action Agency of Western CT
203.602.8833 www.caawc.org

Community Advocacy Program
Managed by Catholic Charities Services all of Fairfield County
203.750.9711 ext. 30
cap@ccfc-ct.org



Learn More

